

Body Mind Metaphor LLC Policy

Why Body Mind Metaphor LLC Doesn't Take Insurance

Insurance is often an option for mental health services. So why doesn't Body Mind Metaphor LLC take insurance? The reason has to do with what it means for you as a client. Taking insurance naturally assumes that the professional will be reimbursed for services and you, as a client, will be responsible solely for a small copay.

For a mental health professional employed by Body Mind Metaphor LLC to receive income from your insurance, he or she must submit a code from the *Diagnostic and Statistical Manual of Mental Disorders*, otherwise known as the DSM. This code contains what the professional considers to be your diagnosis. And something you have a right to ask about.

Once the code is submitted to insurance, you are considered to have a mental illness which secures financial exchanges. Since this code derives from a disease model, you are understood to have a biological (i.e., brain) irregularity.

This code could have strong implications for one's future. It has in past prevented some from acquiring anything from a career with the government to a life insurance policy. Not always, but it has happened.

With few exceptions, Body Mind Metaphor LLC does not subscribe to the diseased centered model of mental illness. Instead, it understands external stressors of life as primary contributors to often-reported complaints.

It is this company's policy to provide the most confidential service possible under an empowering framework. It has nothing to do with a lack of sensitivity toward economic pressures. Body Mind Metaphor LLC recognizes this stressor and, as a result, is known to work delicately with members of the community when in need.